

OPEN DURING CONSTRUCTION...

BUILDING A SUCCESSFUL SOPHOMORE YEAR



Tokay Counseling
Lodi Unified School District

Sophomores Build Success By...

- ◇ Attending classes everyday, on time
 - It's the top predictor of school success
- ◇ Using a planner
 - Keep track of all class assignments and exams
- ◇ Taking class notes
 - Review them daily to refresh your memory
- ◇ Having a regular time and place to complete homework/study
- ◇ Monitoring grades online
 - Keep in contact with teachers with questions and concerns



Doing Homework vs. Studying

◆ Homework

- Completing assignments
 - Answering questions
 - Reading assigned pages
 - Completing worksheets

◆ Studying

- Understanding information
 - Reviewing
 - Memorizing
 - Showing mastery of the information



Sophomores Build Success By...

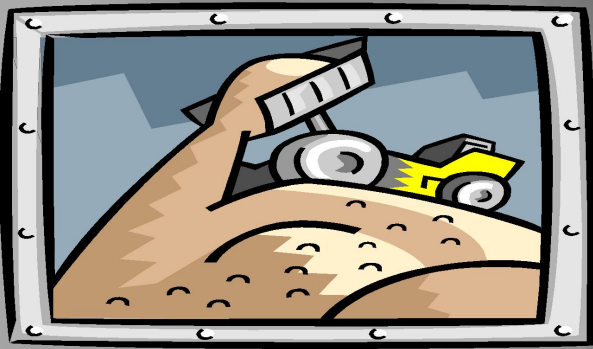
- ◆ Maintaining passing grades in all classes
 - 60% or better
- ◆ Asking for help
 - Knowing campus resources
- ◆ Knowing high school graduation requirements
 - The end goal and how you're going to get there!
- ◆ Planning for the future!
 - Naviance can help



Naviance

- ◆ Discover what's out there
- ◆ Explore your options
- ◆ Set Goals
- ◆ Plan for the future





Making the Grade

- ◆ By passing all classes students earn 30 credits a semester
 - 60 credits a year
- ◆ Semester grades are the only grades reported on a transcript
 - Health and Driver's Ed from 9th grade are the only exceptions
- ◆ No credit is given for failed coursework
- ◆ Failed coursework is made up through alternate programs
 - Summer School, After School Credit Recovery

Lodi Unified High School Graduation Requirements

- ◆ Complete 230 credits to graduate *including* required academic coursework
- ◆ Successfully complete Algebra I or equivalent
 - High School Math
 - Integrated Math I



Lodi Unified High School

Academic Coursework Requirements

- ◆ 4 years of English
- ◆ 2 years of Math
Including Algebra or equivalent
- ◆ 2 years of Science
1 Physical and 1 Life
- ◆ 1 year of VAPA or
LOTE or CTE
VAPA: Visual and Performing Arts
LOTE: Language Other Than English
CTE: Career Technical Education
- ◆ 2 years of PE
- ◆ 1 year of World History
- ◆ 1 year of US History
- ◆ 1 Semester of Government
- ◆ 1 Semester of Economics
- ◆ Electives to 230 credits



Credit Recovery Options

- ◆ LUSD Summer School 2020
 - Mon - Fri, 7:30a-1:30p @ Tokay or Bear Creek High
 - Applications available during Semester 2
 - 10 credits maximum



Credit Recovery Options

- ◆ After School Credit Recovery via Lodi Adult School
 - Monday, Tuesday and Thursday, 2:30-5:00 p.m. @ Tokay
 - Referral from Counselor is needed
 - Available for Juniors and Seniors only



Credit Recovery Options

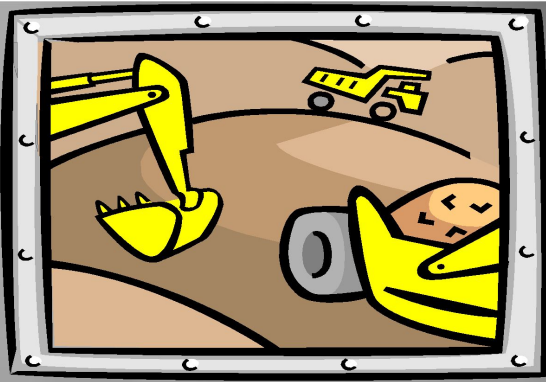
- ◆ Work Experience
 - Must be work permit eligible or over age 18
 - Must be employed
 - Must be able to attend weekly, after school seminar
 - 180 hours/semester = 5 Elective credits
 - Contact Mr. Nicolaou for more information
 - Room SS-3



Credit Recovery Options

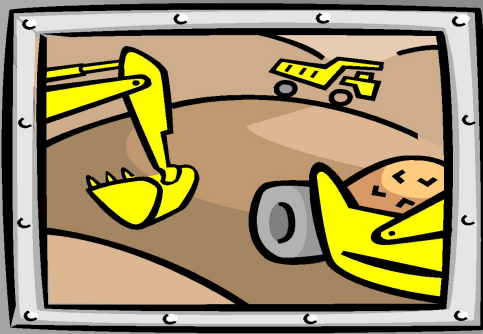
- ◆ Dual Enrollment or College Early Start
 - San Joaquin Delta College
 - 3 Delta credits = 10 Tokay elective credits
 - Must complete enrollment process, including application to SJDC, CES form





Building Your GPA

- ◇ GPA stands for Grade Point Average
- ◇ GPA transforms the letter grade into a numerical average:
 - A=4 B=3 C=2 D=1 F=0
- ◇ GPA is calculated by adding together the numerical average for all the grades earned, then dividing by the number of classes
- ◇ AP/Honors courses are weighted with an additional numeric point earned for letter grades
 - A=5 B=4 C=3 D=1 F=0



Dig In!

Calculate Your GPA

Mia has six classes:

- ◆ English: A =4 points
- ◆ Geometry: B =3 points
- ◆ World History: C =2 points
- ◆ Physical Ed: A =4 points
- ◆ Biology: C =2 points
- ◆ Intro to Art: A =4 points

Total number of points, then divide by number of classes

Mia's GPA is_____.

A-G College Entrance Requirements

(C's or better in all classes)

- ◇ English (CP or Higher)
 - 4 years
- ◇ Math (Math 1, Math 2, Math 3 minimum)
 - 3 years (4 recommended)
- ◇ Lab Sciences (Biology, and Chemistry or Physics)
 - 2 years (3 recommended)
- ◇ Social Sciences (World History, U.S. History, Govt/Econ)
 - 2 years
- ◇ Fine Art
 - 1 year
- ◇ Language Other Than English (LOTE)
 - 2 years (3 recommended)
 - Must be same language
- ◇ College Prep Elective
 - 1 year



Remember...

A grade of 'D' = Does not count
for College Entrance



Collegiate Sports Eligibility

- ◆ College bound student athletes must fulfill specific course requirements in high school to play at the college level
- ◆ NCAA
 - Register at www.ncaaclearinghouse.net
- ◆ NAIA
 - Register at www.playnaia.org



Know Your Resources

- ◆ ASP Tutoring
 - Schedule [here](#)
- ◆ Teachers
 - Connect with them
 - Make time to see them when they are available
- ◆ Tokay High [Webpage](#)
 - Updated regularly
- ◆ Daily Bulletin
 - [Check here](#)
- ◆ [Aeries](#)
 - Check your grades
 - Check your attendance
- ◆ [Naviance](#)
 - Links
 - Announcements
 - Exploring future options
- ◆ College and Career Center
- ◆ Conflict Management
- ◆ Counselors

Have you met with your counselor this year?

A - Cro

Mrs. Mack

Cru - Hen

Mr. Hunt

Her - Men

Ms. Dougherty

Mer - Rom

Mrs. Gleason

Ros - Z

Mr. Mariana



Just a Reminder!

- ◆ How to set up an appointment...
 - Make an appointment in the Counseling Office
 - Before or after school
 - At lunch
- ◆ Have a quick question?
 - Drop-in at lunch or after school to see if your Counselor is available



Remember to show your Tiger PRIDE

Personal Accountability

Respect

Integrity

Diversity

Excellence



Thank You

Tokay Counseling
would like to thank the
10th grade English Teachers for allowing us the
time to make this presentation

and

Thank you, Students for
your time, attention and questions